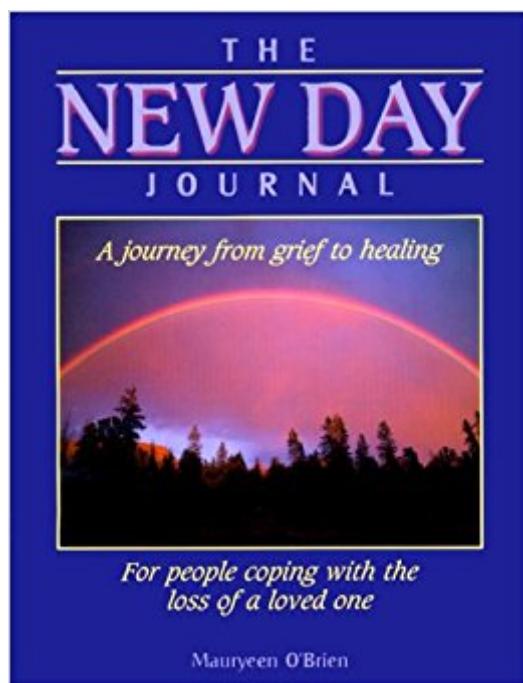


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# The New Day Journal : A Journey From Grief To Healing (including Facilitator Guide)



## **Synopsis**

Already used by hundreds of churches, hospitals, funeral homes and hospice programs in their bereavement ministries, The New Day Journal has been completely revised and updated to better assist those struggling to recover from the loss of a loved one. Through a series of reflections combined with writing and sharing activities suitable for groups or individuals, The New Day Journal helps people accept the reality of their loss, experience the pain of grief and adjust to life without the deceased.

## **Book Information**

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Average Customer Review: 4.5 out of 5 stars 14 customer reviews

Best Sellers Rank: #166,655 in Books (See Top 100 in Books) #77 in Books > Christian Books & Bibles > Catholicism > Roman Catholicism #343 in Books > Self-Help > Death & Grief > Grief & Bereavement #1632 in Books > Christian Books & Bibles > Christian Living > Inspirational

## **Customer Reviews**

Fresh, filled with hope, and very easy to follow. The New Day Journal is one of the best resources for the grieving. -- Vermont Catholic Tribune

This is not the facilitator's guide. It is the participant journal. The participant journal is quite good but just know that this is not the group leader version.

This was used in conjunction with a bereavement group and facilitated our ability to share our own experiences with one another..

I want to start up a support group and this book had been recommended to me as a good source. It is just great and when the group will actually be formed, I will order more copies so each person can

write their own journals and, if they want, to share their thoughts in the group. Looks very helpful.

We used these books in our grief support and they are working well

though designed primarily for grief support groups, I use this, in therapy, for individuals. It has a journal approach, with a chance to do a lot of writing, and it tremendously healing for anyone going through grief. It is a very good adjunct to counseling.

I think a person ages 14 and up could use this. It's written very simply & succinctly. I like the added Bible scripture but this definitely would be a journal more for a Christian than anyone else. Bibliography in the back is an added bonus, too.

This is an excellent journal to help people who have lost a loved one

This book can start your journey to healing.

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